



Program Features

- Small program size (fewer than 10 members) for strong connection and individualized attention
- High staff-to-member ratio (1:4)
- Functional goals aligned with each member's needs and interests
- Multiple community outings each week, as health/safety permits

Sierra Day Program provides a supportive and engaging Day Treatment for Adults (DTA) program for individuals age 18 and older who qualify for services through the Arizona Division of Developmental Disabilities (DDD/DES). Our facility-based program helps adults continue growing beyond their school years through recreation, leisure, activities, and meaningful community integration.

Each member works toward personalized goals designed to build confidence, independence, and connection in a safe and engaging environment. Each member is encouraged to participate to their full potential in a supportive space that embraces community integration, friendship, and embraces neurodiversity. Sierra Day Program is an option for current students who are exiting school services and seeking an adult program with approval from DDD.



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875 South Cooper Road, Gilbert, AZ 85233
P: (480) 456-0942 | siseschools.com

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